



NKF National Kidney Foundation®
Making Lives Better



Captain Smith



RA Claude



Richard Armstrong, DC



"A celebration of cycling, a celebration of life"

Sunday, May 7, 2006 - rain or shine

100, 62, 31, and 10 mile routes

Start and finish at Harris Lake County Park

\$25, all riders must register by May 1

Details at ravenrockramble.org

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Proceeds to benefit the National Kidney Foundation and the US Transplant Games

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