

















Raven Rock Ramble - 31 Mile (50K) Route

Seq	At	Go	X	For	On	Comments
1	0.0	From		0.0	Harris Lake County Park	
2	0.0	Right		1.1	1127 New Hill - Holleman Road	<i>At park entrance</i>
3	1.1	Straight		2.4	1127 Rex Road	<i>At Holleman's Crossroads</i>
4	3.5	Right		0.2	1116 Cass Holt Road	<i>Stop sign at T intersection</i>
5	3.6	Left		2.8	1119 Buckhorn-Duncan Road	<i>Store at corner</i>
6	6.4	Straight		0.6	1403 Cokesbury Road	<i>Cross into Harnett County</i>
7	7.0	Left		0.3	NC 42	<i>Harnett County water tower in sight</i>
8	7.3	Right		2.1	1409 Oak Ridge - Duncan Road	<i>RR tracks just before turn</i>
9	9.4	Right		3.3	1412 Christian Light Road	<i>Stop sign at T intersection</i>
10	12.7	To		0.0	Sag Stop at intersection on left	<i>17.4 miles to end of ride</i>
11	12.7	Right		6.9	1403 Cokesbury Road	<i>Bob & Nan's Citgo at corner</i>
12	19.6	Straight		0.6	1403 Cokesbury Road	<i>Cross NC 42</i>
13	20.2	Straight		2.8	1119 Buckhorn-Duncan Road	<i>Cross into Wake County</i>
14	23.0	Right		2.3	1116 Cass Holt Road	<i>Stop sign at T intersection</i>
15	25.3	Left		3.7	1115 Avent Ferry Road	<i>Stop sign at T intersection</i>
16	29.0	Right		1.1	1127 New Hill - Holleman Road	<i>At Holleman's Crossroads</i>
17	30.1	Left		0.0	Harris Lake County Park	<i>Watch out for speed bumps!</i>

Important Notes:

1. Obey all traffic signs and regulations.
2. In case of medical emergency, call 911.
3. To contact ride director, call David Cole at 919-924-3039 or 919-455-8537.
4. To get attention of support vehicle, raise closed fist.
5. The 50K route is marked with blue, stenciled arrows (100 mile is white, 100K is yellow, 10 mile is red).
6. Arrows are placed beside "intersection ahead" signs; also just before and just after intersections
7. Sag stop has bathroom. Stores are indicated on the route map.
8. An "X" in a circle indicates you have just missed a turn!
9. All routes begin and end at the park entrance on New Hill - Holleman Road.
10. Beware of speed bumps on the park road - they are big enough to cause pinch flats!