



NKF National Kidney Foundation®
Making Lives Better



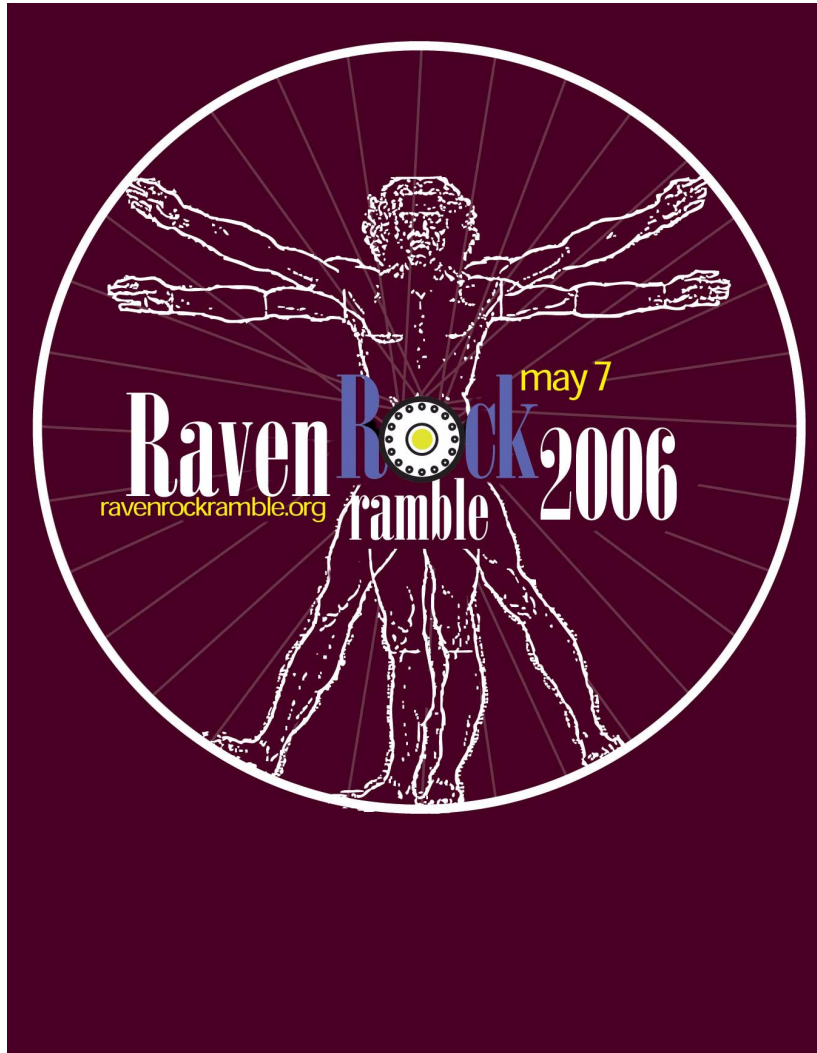
Captain Smith



RA Claude



Richard Armstrong, DC



"A celebration of cycling, a celebration of life"

Sunday, May 7, 2006 - rain or shine

100, 62, 31, and 10 mile routes

Start and finish at Harris Lake County Park

\$25, all riders must register by May 1

Details at ravenrockramble.org

David Cole, director - dlcole@nc.rr.com - (919) 362-9578
Proceeds to benefit the National Kidney Foundation and the US Transplant Games

Graphic design by Deanna Quinn, quinnstudio

